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# **Exercise, Nutrition, And Environmental Stress: International Sports Science Network Forum, Nagano, 2001**



## Synopsis

Volume 3 of the Exercise, Nutrition and Environmental Stress series covers electromyogram measurements, sensory information and exercising muscle, muscle blood flow, pulmonary and muscle oxygen uptake kinetics, VEGF gene expression, oxidative metabolism in muscle, heat stress adaptations, thermoregulatory responses, body fluid regulations with aging, glucose uptake, protein synthesis, adaptation to bed rest and training, diet and physical activity on obesity in Japan.

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